



Press Release – February 2009

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Hi all,

Wishing everyone a very happy new year and all the best for a healthy, happy and prosperous year in 2009. A lot of exciting changes have been happening for me in the early part of the new year and I thought I would pass along my good news!

I have made a significant professional change and am now focusing on my business, The York Region Centre for Natural Health on a full time basis. I am no longer working from Waves. You may have noticed that you have not been receiving correspondence from me and this is why. I appreciate your patience while I shift professional gears and turn my focus on the things that matter most to me - healing work.

The York Region Centre for Natural Health is a holistic business I run with my partner, Trish Ottone. Between us we have years of holistic experience and training and are looking forward to pooling our resources and going full speed ahead into our business. At the moment we are each working from our home offices, but we hope to have an office/centre at some point in the next year or so. In the meantime we will continue to run our events from various locations in the Aurora/Newmarket area so be sure to keep checking our website and email for our newsletters and blog so you don't miss out on any of our interesting events.

As I have supported many of you in the past through my work at Waves, I am hoping to continue to do the same from my new business and hope that you will all reciprocate to help create supportive community for peers and colleagues. To this end Trish and I are holding a monthly tea/coffee time for local practitioners at a local Second Cup...a very low key social thing just to stay connected to you all. Please check out our site calendar for the details for this and other upcoming events.

I look forward to continued relationships with all of you in the future.

Health and Happiness
Gill