

Healthy Detoxing – Naturally!



Spring is a wonderful time to connect with nature and your natural rhythms. It is a time to brush off the residue of winter and freshen up our lives.

Participants in this workshop will learn the basic principals of natural and effective detoxification, as well as many of the things that nature has provided which assist in purifying our bodies and our minds.

The seminar will examine ancient and modern ways which man has developed to help rid our bodies of impurities that can cause “dis-ease”, by focusing on natural methods that are time tested and effective.

Tuesday May 12, 2009

Time: 7:00 - 9:00 pm

Location: Aurora Town Hall - Cafeteria

Fee: \$26.25 (1 week)

Code: 19521